



On the
Bright
Side



Contents

Father's Day Humor.....	1
Life, Health & the Environment.....	2
Patient News & Special Events.....	3
Smile Secret.....	4

June 2010



Father's Day Humor

Father's Day is coming up and what better way to give dad a great day than to make him smile. Hopefully, this sampling of Father's Day jokes from all over the internet will do just that. Here are a few jokes directly involving fathers, fatherhood or something that our poor fathers have to deal with. We love you Dads!

A Letter from College:

Dear Dad,

School i\$ really great. I am making lot\$ of friend\$ and \$tudying very hard. With all my \$tuff, I \$imply can't think of anything I need, \$o if you would like, you can ju\$t \$end me a card, a\$ I would love to hear from you.

Love,
Your \$on

The Reply:

Dear Son,

I kNOw that astroNOmy, eco-NOmics, and oceaNOgraphy are eNOugh to keep even an hoNOR student busy. Do NOt forget that the pursuit of kNOwledge is a NO-ble task, and you can never study eNOugh.

Dad

Learning to Drive

Junior had just received his brand new driver's license. To celebrate the special day, the whole family went out to the driveway and climbed into the car for his first official drive. Dad went immediately to the back seat, right behind the newly licensed driver.

"I'll bet you are back there to get a change of scenery, right? After all these months of sitting up here, teaching me how to drive?" Junior said to his dad.

"Nope!" said dad. "I'm going to sit back here and kick the back of your seat as you drive, just like you've been doing to me for sixteen years!"

Summertime, Grill Time!

It's no secret that dads love to grill. Maybe it's getting back to the inner caveman, the whole playing with fire thing... well, in addition to being a fun summertime activity, grilling foods offers many other real advantages.

Health Benefits: Grilling meats is healthier than other methods because grilling doesn't sear in a lot of fats commonly found on certain cuts of beef and pork. Grilling often preserves the intended flavor and texture of many meats and vegetables without sacrificing essential nutrients.

Reduce Energy Costs: Using your oven or stove makes it more difficult for your air conditioning thermostat to maintain proper room temperature. Grilling outside can lower your summer energy bills by as much as 5%

Time Saver: Grilling foods takes less time than cooking on a stove or in an oven. Why? Grilling surfaces are made of metals which are excellent heat conductors; many grills reach higher temperatures than our stoves/ovens.

Enhanced Flavor: Grilling maintains the natural

tenderness and flavor of meats. Many propane and charcoal grills include vents you can adjust allowing meat to retain air and moisture, making the meat more tender and flavorful.

Here are some basic barbecue tips from your barbecue.com:

- For freshness, be sure to cook meat within an hour of exposing it to room temperature.
- Before you start cooking, rub the grill with oil to prevent sticking.
- Marinades tenderize meat, keep them moist during cooking, and enhance flavor.
- Baste meat throughout the barbecuing process with marinade - if you wait to baste near the end of cooking, it could cause the meat to dry out.
- Turn meat with a Tong and a spatula
- Don't pierce meat with a fork. You will lose the flavorful juices of the meat.
- Don't add any salt until the meat is cooked to avoid it from getting dry and tough.
- With a charcoal barbecue, light coals about 30 minutes prior to cooking.

Happy Father's Day, and Enjoy the Grilling Season!



(Father's Day Humor continued...)

Top Ten Things You Will Never Hear A Dad Say

- 1) Well, what do you know? I'm lost. We'll have to stop and get some directions.
- 2) Well, honey, you are thirteen now. I bet you're ready for un-chaperoned car dates!
- 3) I like all of your friends' "Up Yours" attitudes.
- 4) Here are the keys to my new car. Oh, take my credit card, too. Have fun!
- 5) Football? You want to play football? What about figure skating, son?
- 6) Mom and I are going away for the weekend. Would you like to throw a party?
- 7) No, I don't actually know what is wrong with your car.
- 8) Son, let's go to the mall and get you an earring.
- 9) You don't need a job! I have plenty of money for you to spend.
- 10) Father's Day? Don't worry about that. It's no big deal!

Being a dad is a wonderful experience. Here are some great things about being a dad that Dads LOVE...

- Seeing the world through your child's eyes.
- Innocent joy and the sound of laughter.
- Big hugs that come at you with a running head start.
- Hearing a little voice scream "Daddy!" as you come in from work.

Happy Father's Day to all you dads!



Welcome New Patients!

Sheila C.	Joanne H.	Dina M.	Christy S.
Michelle D.	Gawlewicz J.	John M.	Jamie S.
Neil D.	Jennifer K.	Celeste P.	Mary T.
Thomas D.	Megan K.	Diego R.	Jim T.
Glenda F.	Harold L.	Ibeth R.	Alexandra W.
Chari G.	Franklin L.	Graciela R.	Richard W.
Margarita G.	Michelle M.	Mallorie S.	Paul Z.
Tariff H.	Brenda M.	Maria S.	

Thank You For Your Referrals!

Christian G.	Elaine W.	Dennis H.
Chris S.	Alexandra S.	Beata M.
Alicia B.	Nick V.	Megan D.
Cynthia Z.	Loretta D.	Rebekka Z.
John G.	Brenda M.	Al M.



Wishing
All The
Dads A
Very
Happy
Father's
Day!

Two For One

JUNE is the time for Graduations, engagements, Weddings, and Father's Day and that beautiful tan [please use sun block]. That means lots and lots of preparations and pictures.

Make sure your smile reflects the brightness of your heart. It is incredible the difference a whitening session can make in your precious photos.

Since photos are a ONE TIME EVENT don't miss this offer from Advanced Dentistry. For the month of JUNE we are offering:

TWO FOR ONE Whitening Sessions

Bring your best friend, bridesmaid, spouse, date, future mother-in-law and receive two whitenings for the price of one.

Go ahead make someone happy and do it for yourself. Start loving the way you smile. Call us today at (732) 356-9120 to schedule your Teeth Whitening Sessions today!

Smile Secret

According to the results of a study released on May 12, 2010, people who have whiter teeth are seen as more attractive, confident, trustworthy, and financially successful-which ultimately leads to greater success in work and in their love relationships.

The study was conducted by an independent research firm and provides new evidence that a white smile has a direct impact on successful interpersonal interactions, both socially and professionally.

The results noted People were:

- 54% more attracted to people who had their teeth whitened.
- 61% were more confident after teeth whitening.
- 59% were more outgoing on dates after teeth whitening.

In honor of all the dads out there, we have a very special trivia this month.

Trivia

CAN YOU MATCH THE TELEVISION DAD TO HIS CHILD AND THE SHOW NAME?

Al	Joanie	The Simpsons
Frank	Bobby	The Brady Bunch
Peter	Rod	Ugly Betty
Dan	Kelly	Friday Night Lights
Ignacio	Meg	Married with Children
Mike	Darlene	Seinfeld
Ward	George	Family Guy
Ned	Hilda	Leave It to Beaver
Eric	Wally	Happy Days
Howard	Julie	Roseanne

Be the 1st person to answer the trivia question correctly and we will send you a \$25 American Express Gift Card. Your answers can be submitted by phone (732-356-9120), fax (732-356-0870), or email (reillydmd@aol.com).

May Trivia Answers: Missy, Snoopy, Peanuts; Marge, Maggy, The Simpsons; Nancy, Joseph, King of the Hill; Jane, Elroy, The Jetsons; Marion, Richard, Happy Days; Peggy, Bud, Married with Children; Marie; Robert; Everybody Loves Raymond; Claire, Vanessa, The Cosby Show; Elyse, Mallory, Family Ties; Wilma, Pebbles, The Flintstones.

Advanced Dentistry



Happy Father's Day

from the Doctor's and Staff at Advanced Dentistry!

We would like to congratulate all the fathers at our practice and wish them many years of happiness and good luck. Whatever you end up doing this Father's Day, whether it's a game of golf, BBQ, or just relaxing, we hope it's something you enjoy and that really brings a smile to your face. Dr. Reilly is offering the following special for Father's who book a ZOOM session during the month of June:

Father's Day Special!
1 Hour ZOOM™
Laser Teeth Whitening \$175.00

Call Us to Schedule Today
at (732)356-9120!