



On the  
Bright  
Side



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July 2010

WE HOPE  
YOU ALL  
ARE  
ENJOYING  
A SAFE  
AND  
RELAXING  
SUMMER!

## What's Hot For Houses?

The housing market is a bit scary right now with home prices in flux and many people feeling the shock of their adjustable rate mortgages. So rather than going and looking for a new place to live perhaps the best idea is to update your current place with some of the freshest ideas that will give your home a real up-to-date feel while bringing it in to the 21st century (if it's not there already that is).

So let's take a look at what's hot in homes this year (and hopefully for years to come so none of us feel like we've been left holding the lava lamp!).

The Integrated-Interactive Home:  
"Smart Homes" were once the exclusively for the

super wealthy but now that technology has trickled down into the affordability zone for us normal folk. So what can a smart home do? Using a simple remote device (a phone or a computer) you can raise and lower your blinds (great for when you're on vacation, although your house still won't pick up your paper for you), open the electronic doggie door for Rover, raise and lower the temperature and numerous other nifty little operations.

Best of all this technology has become simpler while at the same time getting cheaper. Many of these systems are nearly "plug-and-play" so they are easy to use.

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# 4th of July Safety Tips



The 4th of July should be a day of fun and celebration, but it is also one of the most dangerous days of the year. Whether it's too much alcohol, fireworks gone wrong, or potato salad gone funky many people around the United States find themselves sick or injured each year. Luckily, if you follow a few simple tips, you can avoid rushing to the emergency room (or bathroom) this 4th of July.

**Be Careful With Fireworks:** Fireworks are illegal in many places, are a fire hazard and can cause bodily injury. Read all instructions and do not use near wooded or dry areas. Always have water available to put out any sparks or flame that may occur when using fireworks. Never point fireworks at people. Do not allow children to play with fireworks or firecrackers.

**Drink Responsibly:** Don't drink and drive. Always have a designated driver and don't let your friends drive drunk. Also for everyone's safety, do not let people who are drinking cook foods on the grill or light fireworks.

**Drive with Caution:** Even if you are not drinking, other people can be. Drivers also become distracted

by fireworks and other excitement in the area. Be extra cautious if you must be on the road this weekend, especially at night.

**Grill with Care:** Be careful during barbecues that you do not start a fire. Be sure all coals are completely out before leaving the barbecue unattended. Be cautious of children playing around the barbecue area.

**Food Safety:** Store food properly to avoid food poisoning. Be careful of leaving food out- especially in the heat. You must remember to keep foods with mayonnaise cold or salmonella could set in. If salmonella does set in, the safety of your guests will be in danger. Remember to cook chicken and hamburgers well done.

**Take Care of Your Pets:** If you are thinking about bringing your pets to celebrate, consider how they will react to loud fireworks. Be sure to bring enough food and water for the day.

Statistics show that over 7,000 people each year get treated for 4th of July related accidents. Don't be one of them. Stay safe this year and have a happy 4th of July!

## *(What's Hot For Houses, continued...)*

### **Luxurious Bathrooms:**

I have to admit I don't quite get this one. The bathroom is the one room in the house that would seem to have a particular purpose but no longer! The new trend is making bathrooms massive and filled with luxurious items like espresso machines, wine coolers, and plasma TV's.

Well I guess women won't be able to complain about all the magazines anymore, eh fellas?

### **Bringing the Inside Out:**

There's a growing trend in having part of your house outside. We're not talking about just a porch or patio here; many people have fully stocked kitchens that any chef would be proud of out in their back forty. Another trend is having artwork that can be hung outside or inside.

Many people are installing radiant heat

flooring under their patios and large outdoor fireplaces as a way to make the outdoors more cozy in the cooler months.

### **Hidden Appliances:**

Let's face it, appliances just aren't that pretty. Not that manufacturers aren't trying, you can get appliances in a wider ranger of colors and finishes than ever before but some people aren't having any of that; they'd rather hide their appliance behind their cabinetry to keep a uniform appearance in their kitchen.

Which sounds fine and dandy but how many of us want to search for the refrigerator while getting our midnight snacks?



**Create an Outdoor Living Room**

*That's it for this month! We'll see you in thirty days!*

## Welcome New Patients!

Al. B.	Richard D.	Richard P.
Vickie B.	Esther E.	Margaret S.
Mark B.	Adrienne F.	Linda S.
Jamileth B.	Sandy J.	Alex A.
Christina B.	Jane L.	Barbara S.
Judy C.	Shannon L.	Edward T.
William D.		Sarah W.

## Thank You For Your Referrals!

Michelle W.	Holly J.
Stephen D.	Josie L.
Alison F.	Thomas R.
Laura M.	Cynthia P.

*We are grateful to our patients who have made our growth possible. We are so proud.*

## OFFICE UPDATES

New Patients can still enjoy FREE X-Rays and a COMPLIMENTARY Professional Examination ~ please continue to refer your friends and family and spread the word about our practice!

We strive to provide the very best dental care in the area. We are continuing to work on additional programs to help keep our neighbors and family members healthy during this time.

Stay tuned for details in our next newsletter for what is new and exciting at Dr. Reilly's Dental Office!

## SEDATION DENTISTRY

## NOT JUST FOR THE PHOBIC!



At Advanced dentistry, we have always been sensitive to our patients that experience a phobia of dental treatment. Along with Dr. Reilly's certification in sedation dentistry, he has now joined with Dr. Glen Atlas, a board certified anesthesiologist, to bring general anesthesia to our facility.

Patients that might require this treatment, along with the dental phobic, is the patient that has breathing and gagging problems and those that need to have a lot of dental work to complete, very little available time, but too anxious to sit in a dental chair for a long stretch of time.

We continue to bring you cutting edge technology because NO ONE should have to decline good oral health.

Dr. Atlas is a Professor at the University of Medicine and Dentistry of New Jersey, a renowned speaker and author of over 70 publications. We are very excited to be able to add this service to our practice.

To quote a patient that has experience this treatment first hand:

*"The experience was fabulous, from the call the evening before, to the comfort and professionalism of the day, to the call the evening after my treatment. I have always been a gagger and have always had trouble swallowing. This was wonderful. I will be a patient here for a very long time." ~ Mark B.*

## Smile Secret

### Did You Know?

Some cheeses are have been found to protect teeth from decay.



The Mexican version of the Tooth Fairy is known as the Tooth Mouse, which takes the tooth and leaves treasures in its place.

If you're right handed, you will chew your food on your right side. If you're left handed, you will tend to chew your food on your left side.

Saliva helps you eat by breaking apart food particles and cleaning your mouth afterwards. The average person produces 10,000 gallons of saliva over their lifetime.

Do you have an interesting fact about something you do or know well? Email to us: [info@nicolletstationdental.com](mailto:info@nicolletstationdental.com) and we just may put it in our next issue.

Find the names of five pieces of jewelry by adding one of the given letters to each word and rearranging the letters. Each letter used will be used only once. There are extra letters in the list to make it a little harder.

## Trivia

A B C I K M N P S U

1. Arch + ? = CHARM
2. Chore + ? =
3. Bagel + ? =
4. Come + ? =
5. Thaw + ? =

Be the 1st person to answer the trivia question correctly and we will send you a \$25 American Express Gift Card. Your answers can be submitted by phone (732-356-9120), fax (732-356-0870), or email ([reillydmd@aol.com](mailto:reillydmd@aol.com)).

June Trivia Answers: Al, Kelly, Married with Children; Frank, George, Seinfeld; Peter, Meg, Family Guy; Dan, Darlene, Roseanne; Ignacio, Hilda, Ugly Betty; Mike, Bobby, The Brady Bunch; Ward, Wal-ly, Leave It To Beaver; Ned, Rod, The Simpsons; Eric, Julie, Friday Night Lights; Howard, Joanie, Happy Days.

*Advanced Dentistry*



## Independence Day

Independence is freedom - freedom from fear - freedom to act as you want. A great new smile IS independence. Having beautiful white teeth gives you the freedom to smile, to be the very best YOU that YOU can be. Dr. Reilly can give you that freedom. Schedule an Independence Day discounted Whitening treatment today.

1 Hour ZOOM™  
Laser Teeth Whitening  
**\$175.00**

Call Us to Schedule Today  
at (732)356-9120!